

# Lady P Goes 3 for Free !



## Newsletter

**This Year's Surrey Championships** at Tolworth on 21st July were a great success story for Warlingham. Club Captain **Glynis de la Bertauche** was honoured to be **Lady Paramount** and achieved her personal goal of 3rd place in the lady's competition. Here is Glynis's account of the day:-

"I was very happy to accept the invitation from organizers Sue & Martin Butterfield to be Lady Paramount at this year's CSAA Championships, as I considered this to be a great honour.

The big day arrived and I was immediately given back my entrance fee as the Lady P does not have to pay - a good start to the day! It was a 'mixed' weather day, but

nothing to make shooting too difficult. Warlingham fielded 7 archers this year - the most that I can remember in my 8 years of participating. We were also graced by an ex Warlingham member, **Marion Best** who travelled all the way from Devon to compete.

*"... Warlingham Archery Club can give itself a huge pat on the back..."*

I found it very comforting to be in the middle of a 'sandwich' with Marion on one side and Andrea on the other.

At the end of the shoot I was very proud to present the gent's bronze

medal to **Dave Short**, the junior silver medal to **Paul Edwards**, the best gold and handicap medal to **Andrea Beddard**, the silver handicap to **Andy Welling** and, at last after 8 years of trying, I was presented with the bronze medal (which I still have!) by Sue Butterfield.

**Peter de la Bertauche**, in his capacity as President of the CSAA, presented the trophies to the 'A' and 'C' teams of Warlingham in the Surrey Frostbite League.

I think that Warlingham Archery Club can give itself a huge pat on the back for achieving so many awards. As for myself, I cannot remember a more enjoyable tournament. Well done to all our archers."

GdIB

*Alex Smith [pictured right] recently attended the Society of Archer-Antiquaries Annual Shoot. See page 4 for full story.*



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### Dates for your Diary:

- Saturday 31st August - Surrey Clout at Warlingham.
- Sunday 15th Sept - Beginners' Course commences
- Wednesday 2nd October - Indoor season starts at Kenley.
- Sunday 3rd November - First Frostbite
- Wed 20th Nov - Social & Prizegiving
- Sun 24th Nov - Surrey Indoor, Woking

## Warlingham Archers Shoot out of Jail !

### Leaves Green Bowmen

of Kent very kindly invited us to a friendly match on July 6th. As it was so close to American Independence Day they decided to shoot the "American Round", which is 2½ doz. at 60 yards, 2½ doz. at 50 yards and 2½ doz. at 40 yards.

The day was warm, still and quite sunny - what you could describe as a perfect day for archery. Many of us WACs started the afternoon with a relaxing 'jar' in the adjacent pub, The Jail, which was a good start to the afternoon.

The match proved to be a great



Demon Dozen! Glyns (and friend) sharing a magnificent 12-gold end.

deal of fun especially with the barracking from Ted their club captain. All of Warlingham shot their socks off that afternoon especially Andrea, Fred, Alex and dare I say myself, all with per-

sonal bests by a long way. I still don't know who actually won the friendly but does it really matter?

After the match we were given a splendid tea and prizes. I think I speak for everybody who shot that day in saying we had a wonderful time - Thank you Leaves Green.

Next Year we are planning to host a four-way friendly on Sunday 6th July with C.M.O., Atkins, and Leaves Green and I think it would be appropriate if we also shot the 'American Round'.

GdIB

## Positive Thoughts

### What about this then for the positive approach?

Clive Lloyd, the great West Indian cricketer, says that just as a building is built one block at a time, so an innings is built one run at a time, one ball at a time. You take one step at a time, you will ultimately reach great heights.

He went on to say that what separates the great player from the

good, is his recognition of the intricate elements of the task, his systematic, cerebral application to the task, and the synergy of the cerebral and the physical.

There are very good parallels with archery too here I think.

The step by step approach to building up the shot, the recogni-

tion of each element in the shot, from the placing of the feet, knocking the arrow, where the hands are, drawing, loosing and follow-through, not forgetting the concentration and the commitment to each shot separately required in the mind.

*"What separates the great player from the good is the recognition of the intricate elements of the task"*

PRH

## A Score of Years Ago . . .

Further trawling of the Club minutes for nuggets of interest reveal the following from 1982:

The **Alstone-Lawrence round** (our main Club competition during the summer months) which we now shoot as a FITA, was originally a York / Hereford. For a year or two prior to 1982 it was changed to a New / Long Western round (8 dozen) and this was shot as an afternoon fixture only. It

must have been thought a good idea at the time, but the strain of trying to complete 8 dozen in an afternoon became too much and it was changed to an all-day York / Hereford for the following season.

**Target fees** were 20p. Subscriptions were £18 senior, £10 junior (adult GNAS affiliation was only £7). The Rugby Club proposed a 10% increase in rent to £440 (this compared with just £100 per year

when the Club first moved to WRFC in 1977).

**Derek Bass** was asked by the committee to take on the role of Senior Instructor!

Our sincere thanks Derek for your many years of tireless effort in training scores, or even hundreds, of beginners - the lifeblood of our Club.

KB

## Notes from Malta

Arriving in Malta on the Tuesday, very early in the morning I scrambled to bed about 1.45am only to be gently woken by the very strong light of dawn outside at about 6am. Malta time is an hour ahead, which is most sensible as one then gets a longer day. The Maltese shut down very seriously from noon until about two, during the heat of the day for a zizz, but work goes on beyond 6 o'clock or so.

On the Friday at about 2pm the party that I am with take a mini-bus to Marsa Sports Ground for the shoot-in, and sign in. Here we meet up with friends who we may not have seen for a whole year amongst the Maltese who are always friendly in their welcome. My explanation for my visit is two fold, to shoot my bow in the hope of a FITA 1000 star (probably the same as a York Black Rose) and to join up with the Malta Art Centre for some drawing and painting.

Saturday morning arrives and we are all at breakfast by 7.15 to get the bus by 7.45. We then get to the ground and practice at 90m for 45 minutes in timed bursts of 6 arrows in 4 minutes. None of this six sighters and that's your lot, mate, here! At 9 o'clock there is an opening ceremony by the Minister for Sport, who shoots the obligatory four arrows. Then the competition begins in earnest. This day Mr and Mrs Ken Short (also on holiday) come to watch the archery, which is a wonderful surprise. They arrived during the end of the 90 metre session and left before the end of the 70 metre session (my 70 metre score ended up less than my 90 metre score!)

It really is amazing to have the warmth of the sun on one's back and feel everything working freely. The shoot progresses well for everyone again on the Sunday in glorious weather.

However despite both days being superb conditions to shoot in, the tensions still creep into this archer's form and spoil what should have been a much better result. That t-shirt is now a hot



*Malta . . . . "Superb conditions to shoot in"*

and sweaty one, discoloured and filthy, and self awarded yet again!

On the Sunday evening we arrive at what is described as a Banquet. It is very late now, about nine o'clock, as we take our seats in this Hotel dining room, recently vacated by the hotel guests. The food was, I am afraid to say disappointing. After the dinner the prize giving begins and speeches are made to thank our hosts.

There were archers from Hertfordshire, Edinburgh University (Scottish Team) as well as the group that I was staying with from Essex. So here I would like to thank Tony and Joan Ikell for their kindness and encouragement. Tony is invited each year to go and help in the organization as Timekeeper.

It is a quaint little shoot and is shot on the archery ground which has really no "overshoot". Some years ago I gather the shoot took place on the cricket field, just next door and nearer to the palatial Pavilion and bar!

During the shoot I got into discussion with a compound archer from Norfolk, who showed me that a coarse wire wool kitchen scrubber was ideal for removing

the glue and straw that adheres to one's arrows when they are retrieved from a new and sticky boss (it probably takes a small veneer of carbon off too). He also carried in his box a silicone shoe cleaning sponge, which he then wiped on the arrows to clean them. This, also, had a most remarkable effect on the ease with which the arrows came out of the boss too, and without the crud stuck to it.

One of the Maltese had made an interesting "arrow dipper" which applied olive oil to the arrow point. This also made it so much easier to pull the arrows out, and kept them clean. Made from two black plastic 35mm film boxes (you know, the ones you throw away when you load your camera). Both are held together with plastic electrical tape. Inside is a sponge, which has had olive oil applied to it, not forgetting a hole in one end to poke your arrows into. It illustrates that there are some goodies in Tesco or at the boot fairs for archers to utilize!

The island of Malta has a great many attractions from ancient buildings that predate the Pyramids to clear blue seas, gaily painted local luzzu boats, an art gallery, archaeology museum, harbours, bays, night clubs in St Julian's, Baroque architecture, a fascinating history in general connected with hospitaler knights and The Crusades, and three red and yellow plastic MuckBurger places displaying their age. I just like the sunshine every day!

**PRH**

*Thanks to Richard Halsey for this article. Best wishes to Richard & Diana who are off to travel the world shortly (minus bow this time!)*

## Society of Archer-Antiquaries Annual Shoot, Sunday 11 August

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Last year, at the suggestion of Richard, Alex joined the Society of Archer-Antiquaries, which is for those interested in the history and development of Archery, so this was our first visit.

The event takes place at 'Archer's Lodge' the HQ of the Royal Toxophilite Society in Burnham, Bucks. The HQ is a lovely period building and provides both a meeting place as well as bedrooms for the members.

The SA-A has a permanent room set aside for a small museum and library. The collection was fascinating and covered bows from the English Long Bow to Asian, African, and North American Indian as well as a fine collection of weird and wonderful arrows and some interesting quivers and accessories.

The morning provided an opportunity to view the collection and browse through the library [kept in a small cupboard]. After coffee there were many stalls to look at and an opportunity for members to chat and catch up with each other.

A full Sunday Lunch was available,

but we had decided to take a picnic and had our lunch in the company of Bowyers, Chris Boyton and Hilary Greenland, fletcher Carol Edwards amongst others. Several were also members of the Society for the Promotion of Traditional Archery [SPTA]. One member of SPTA, Andrew Hall, had brought along 2 of the bows he'd made: a traditional bow from the Penobscot Tribe of North American Indians, which consisted of a small bow attached to a larger bow. At a recent GNAS shoot, 3 judges classified it in 3 different classes. One of them giving it a compound classification! At the shoot Andrew used his replica of the Meare Heath Bow [at 2500BC the oldest British bow ever found – and definitely not a longbow either].

After lunch, the other major event of the day took place, the sale of the collection of the late Bill Tucher [see Archery UK, Summer 2002 for Bill's obit]. We were lucky enough to secure 2 bows at the sale, one an African ceremonial bow adorned with Dik-Dik horns and a second of undetermined origin came covered in snakeskin

as well as beads and carvings.

After the sale was the highlight of the day, the Annual Shoot. The competition is like no other – the shoot consists of five, one arrow ends on each of five different targets all at 50 yards, only arrows hitting the gold, red or blue scored one point each, this was followed by a speed shoot – as many arrows on the boss [not necessarily the target face] in one minute. On the line there were as many different bows as there were archers, I don't think I saw two the same. Of course compounds and crossbows were not allowed, and no one used a modern recurve either.

There were prizes for most scored in the shoot – a horn, best gold – an arrowhead and for worst white – a pair of wooden clogs won by Alex! – The only down side being the requirement to wear the clogs at next year's shoot.

If any one is interested in joining either the Society of Archer-Antiquaries or the SPTA, I have forms for both.

**Andrea Beddard**

## WAC Goes Electronic

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It was agreed at the last meeting of your Committee that we investigate setting up an Internet Site for the Club. This will increase our recruiting opportunities and also provide useful information to Club members.

We have registered our 'domain' name as Warlingham Archers.Org. We are now in the process of getting an outline map of the site created and defining the information required to support it. We will then see

how much it will cost and weigh this against the benefits to be achieved. Andrea and Andy are sorting out the detail and they would welcome any views from Club members.

In a further recognition of the electronic age the members' individual records of scores in each season are being put onto computer and when this has been done they will be provided to members more easily and also hopefully allow you to

plan your development better. Don't worry about your record being lost in a computer crash as all records will be backed up on to at least two other committee members' machines.

**Andy Welling**



## Scoring for Beginners

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When you arrive at the Club field the Field Captain for the day will have marked out the distance in yards or metres depending on the published Club schedule. The Records Officer (Andy) will be collecting information on whether you will be staying all day or just half a day and what 'round' you want to shoot. This information determines the number of bosses that have to be set up at the various distances. So the earlier you can get to the field the earlier we can start! It is also helpful if you say what round you want to shoot but this can seem a bit of a mystery at first.

If you have the 'green book' of GNAS rules and classification data then it is all set out for you but will depend on whether you are a junior, a Gentlemen or a Lady and whether you shoot Recurve, Compound or Long-bow. If in doubt just ask one of the experienced members and they will gladly help you. If you don't have the 'green book' it is obtainable from Quick's and

costs about £15 (Quick's mail order phone number is 02392 254 114). If you don't want to go to those lengths then there is a useful summary produced by the club available on request. When you sign your score at the end of a round that score will be recorded on your individual club record sheet plus your classification and handicap.



Handicaps are useful as you can enter competitions if you want at quite an early stage and compete with more experienced archers on a level playing field. For example if you are rated as a 52 handicap and shoot in a FITA competition over 500 points will be added to your actual score. Every time you shoot your handicap is recorded and a

running average maintained - but be warned it only ever comes down, never up, as the result of the score you achieve.

Also recorded is your classification, which range from the lowest (Unclassified) through six stages to the highest (Grand Master Bowman). For example if you are a Gent shooting a Metric 2 round (3 dozen arrows at 60,50,40 and 30 metres) and you score more than 935, you will be recorded as Class 2 for that day. Repeat this performance 3 times over a season and that will become your official classification. Unlike handicaps, however, next season you have to repeat your performance at least 3 times to maintain your classification.

Never forget though the main reason most of the club members shoot is to enjoy themselves and see handicaps and classifications as consequences rather than targets.

AW

## For the Computer Minded

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**For those of you with Internet access** from you home computer here are a few useful web site addresses you might like to add to your 'bookmarks':-

**Quicks:** HYPERLINK <http://www.quicks.com> Quicks catalogue is available at this site and you can also order on line.

**GNAS:** HYPERLINK <http://www.gnas.org> Check here for events and developments in archery.

**Palm:** HYPERLINK <http://www.software.palm.com> (for any one with a Palm hand held organiser there is downloadable software at this site for scoring your rounds.

**Archers Advantage:** HYPERLINK <http://www.archersadvantage.com> This site has software for calculating accurate sight settings.



## 432 Arrows Shot for Charity

**On Sunday the 14<sup>th</sup> July** 2002, 12 archers shot 36 arrows each, in order to raise money for Sport Relief. The Club raised a total amount of £237.37, which will be sent off to the charity in the next week or two.

The money will then be distributed by Sport Relief to people in need all over the World, including Great Britain. The money will be used to help

educate children, give homes to the homeless, take medicines to remote and poor areas, and much more.

day, and that next time we will have everybody taking part. Thank You!

**David Murton**

**SPORT RELIEF**

I personally would like to thank all who took part, sponsored the people who shot, and gave support to the people shooting. I hope everybody enjoyed the

*... And congratulations to David for having the idea and organizing this very successful collection which could well top £250 when all the money has been donated.*

## Two Golds!

**Betty and Derek** would like to express their thanks to members of WAC for the beautiful glass arrow head plaque, kindly given to them to celebrate their Golden Wedding Anniversary.

They were quite overwhelmed by this unexpected gesture, made to them at the Club's barbecue held in honour of the Queen's Golden Jubilee.

**Betty & Derek Bass**



*Jest a bit of Fun! Horned bowman and masked jester (Dave & Paul Edwards) fail to scare Mo Turner at the Fun Shoot - December 2001*

## Editor's Footnote

I hope you've enjoyed reading the new-look Newsletter.

Many thanks to all who have contributed photos and articles - keep them coming and I will endeavour to publish more regularly. I have had fun putting it all together (sort of!)

Hopefully it's rather more coordinated than I was on one recent Wednesday evening when, leaving the field, I discovered that I had been walking around in odd boots (and nobody noticed - or were they just being too polite?)

**KB**



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